

Updated Covid-19 Measures

(09 September 2020)

In Case of Symptoms

- Symptoms are:
fever, dry cough, sore throat, earache, severe stomach-ache, vomiting, diarrhea, no sense of smell or taste, breathing difficulties
- Please consult a doctor if needed. Your doctor will decide whether a Covid-19 test is necessary and discuss the next steps with you until a return to school is possible
- Students who have a medical exemption from wearing masks and display any cold like symptoms must be sent home.
- EYP and Grades 1-4:
 - ❑ In levels 1 and 2 (as determined by the Bavarian government) -> students can come to school if they have no fever and only mild symptoms (runny nose, occasional cough)
 - ❑ In level 3 (as determined by the Bavarian government) -> students can only come to school after a negative Covid-19 test or with a doctor's note
- Grades 1 – 5:
 - ❑ Going to school is not allowed on the day the symptoms appear
 - ❑ In levels 1 and 2 -> students who had only mild symptoms (runny nose, occasional cough) can come to school if no fever has developed after at least 24 hours after the onset of symptoms
 - ❑ In level 3 -> a negative Covid-19 test or a doctor's note is also required before going back to school
- Sick students
 - ❑ fever, cough, sore throat, stomach pain, vomiting, diarrhea) are not allowed to go to school -> in Level 1 and 2 testing is not required and students can only go back to school if they are symptom-free after at least 24 hours (apart from a slight runny nose and occasional cough) – however, the fever-free period should be 36 hours. In case of doubt, the doctor decides on a test.

What to do if a sibling displays symptoms

Regulations until 18 September 2020:

- If a student displays symptoms (please see above) and needs to stay at home, we also ask siblings to stay at home for the day the symptoms appear
- Siblings can come back if no fever (38°C or higher) has developed after 24 hours

After 21 September 2020 during Level 1 (seven-day incidence < 35 per 100,000 inhabitants):

- If a student displays symptoms and needs to stay at home, sibling(s) can come to school if they do not display any symptoms (except a runny nose and occasional cough for EYP1 – Grade 4)
- Siblings can come back if no fever (38°C or higher) has developed after 24 hours

After 21 September in case of Level 2 (seven-day incidence 35 - < 50 per 100,000 inhabitants):

- If a student displays symptoms and needs to stay at home, we also ask siblings to stay at home for the day the symptoms appear
- Siblings can come back if no fever (more than 38°C) has developed after 24 hours

After 21 September in case of Level 3 (seven-day incidence more than 50 per 100,000 inhabitants):

- The Gesundheitsamt will advise

In and outside the classroom

- Students from Grades 1-12 and staff are to wear masks when outside the classroom. These masks are to cover the nose and mouth. Face shields on their own will not suffice.
- Where ever it is possible in the school building, a minimum distance of 1.5 m should be maintained (e. g. in corridors, stairwells, sanitary areas)
- Physical distancing of 1.5 m is not required in most classrooms. Nonetheless, a distance between students should be maintained
- There will be small group mixed level classes such as EAL, SEN, Morning Care and ASC and a 1.5m physical distance must be maintained between the grade levels.
- A minimum distance between students and teachers, and other staff must be maintained, unless there are compelling pedagogical and didactic reasons that require this
- If possible, a change of classrooms should be avoided – however, the use of specialist rooms is possible (e. g. chemistry, music, art, PE)
- Fixed seating arrangements should be adhered to in the classrooms. If possible, individual tables and a frontal seating arrangement should be used
- Partner/group work within the class is possible, since there is no longer a minimum distance required between students of the same class
- Staggered breaks and allocated zones for fixed groups in the playground is recommended – if this is possible regarding space. The break can also take place in the classroom
- 1.5m physical distance must be maintained between staff at all times - including the staff room
- Rooms are to be ventilated as often as possible - windows left fully open before class, breaks, lunch, during specialist lessons and after class
- No assemblies and no cross-grade learning opportunities until at least the end of October
- Students will be based primarily in one classroom and teachers will be moving
- ASAPs will start in early October and will be confined to the ISU campus and gym
- No swimming until at least October
- Access to the building will be restricted and parent meetings are to take place after 15:45
- PE as normal but additional hygiene measures will be in place such as the disinfecting of hands and no activities involved the passing of items with hands

Masks

- The wearing of masks is mandatory for all persons on the school premises (teachers, students, other staff, external persons) -> this is mandatory in all rooms and meeting areas (e. g. in corridors, stairwells, sanitary areas) and also in open grounds (e.g. playground, sports facilities)
- Exemptions (please see regulations until 18 September):
 - Students who are in their seats in the classroom
 - During PE and music lessons
 - If the teacher allows an exception for educational or didactical or organizational reasons (e.g. for doing scientific experiments)
 - Teachers and other staff as soon as they have reached their workplace
 - EYP 1-3
 - While eating or drinking
 - Students who have a doctor's note (in these cases, it must be ensured that other suitable measures – in particular by maintaining minimum distances of 1.5m, using face shields or partitions – reduce possible risk of transmission of infection)

Arrival and Dismissal

Students may arrive from 8:00 and will enter the building as follows:

- EYP1-3:
 - Students enter via the main door
 - Students exit via the main door (Mondays – Thursdays)
 - On Fridays, all EYP students will be released at 13:45 instead of 14:00
-> EYP1 students leave via the main entrance (parents may enter the building to get their child)
-> EYP B and EYP E students will be picked up at the middle/side exit
- Grade 1:
 - Students enter via the main entrance
 - Students exit via the main entrance (Mondays – Thursdays)
 - Students exit via the middle/side exit (Fridays)
- Grade 2H and Grade 2R:
 - Students enter via playground entrance
 - Students exit via the playground (Mondays – Fridays)
- Grade 3:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Fridays)
- Grade 4:
 - Students enter via playground
 - Students exit via the playground (Mondays – Fridays)
- Grade 5:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Thursdays)
 - Students exit via the playground (Fridays)
- Grades 6 – 12:
 - Students enter via the main entrance
 - Students exit via the main entrance

Upon entering the school students wash their hands and go directly to their homeroom

Hygiene and Cleaning

- In addition to our regular evening cleaning, disinfecting and cleaning will continue during the school day
- Disinfectant stations, gels, and wipes will remain readily available
- School computers, laptops, tablets, musical instruments and art supplies must be disinfected after every use
- Students are not to exchange any materials including musical instruments
- Masks must be washed daily and always stored hygienically when not in use

After School Care (ASC)

- The regulations of the hygiene plan also apply to ASC
- ASC should be carried out in fixed groups with assigned staff
- Attendance lists should be kept in such a way that the composition of groups and allocated staff is clear -> so the chain of infection can be trace

PE

- PE lessons can take place
- Sports with physical contact is permitted
- Surfaces shall be cleaned after each use (e.g. bars) -> if this is not possible, students must wash their hands at the beginning and the end of the PE lesson
- In sports halls, the exercise time is limited to 120 minutes

Catering

- Catering is possible as long as it is guaranteed that the distance of 1.5m between the various classes can be maintained
- The water fountain is off limits

Bathrooms

- The bathrooms in the C wing will continue to be designated for students. Staff bathrooms are located in the D wing, bathroom behind the Atrium, and the single-use toilet in the A wing
- Students are not to congregate in bathrooms. No more than 2 students in a bathroom at any one time and 1.5m distance must be maintained and masks worn

Day and residential trips

- No competitive sports events are to take place with other external teams during the first semester
- No residential trips are to take place in the first semester. MSUS Trip Week will be postponed until late in the second semester

- Day trips are postponed until at least October
- Large ISU community gatherings will be postponed until further notice

Additional rules until 18 September

- ❑ Students in Grades 5 – 12 must wear masks in class until 18 September
- ❑ Music (Grade 5) -> singing is permitted given that students wear masks and keep a distance of 2m. Wind instruments are not permitted during this time
- ❑ PE (Grade 5 and above) -> practical sport is only permitted, if wearing of a mask is reasonable or possible. The decision as to whether practical sports can be taught under these conditions is made by the teacher

Thank you so much for your patience and understanding as we have been adjusting, like you, to this evolving situation.