

Covid-19 Measures

(updated: 26 November 2020)

The following measures were decided by the German government (28 October 2020) and ratified by the states (29 October 2020)

The following measures came into effect in November 2020. They apply nationwide until the beginning of 2021 (exact date will be announced in the middle of December)

- The Three-Level-Plan does not apply
- School operation takes place in compliance with the hygiene plan
- It is allowed to meet people from **one** other household. The number of people must not exceed 10. This also applies to private homes.
 - > Regulation from 1 December: private meeting with family and friends are limited to **two** households and a maximum of 5 people (children up to 14 years are exempt from this rule and not counted)
 - > Regulation after 23 December: meetings with closest friends and family members are allowed - the number of people must not exceed 10 (children up to 14 years are exempt from this rule) -> this regulation applies until 1 January
- Schools and kindergartens will remain open as long as possible
 - > Regulation from 1 December: From an incidence value of 200 or higher, alternating lessons will be possible for students from Grade 8 and above (exception: Grades 10 and 12) - if the minimum distance of 1.5 m cannot be maintained. The regional authorities have to order this.
- Only mandatory and non-touristic travels are allowed. This also applies to travelling within Germany nationwide day trips.
- Theaters and concert halls have to close as well as casinos, cinemas, theme parks, sports facilities, swimming pools
- Leisure/amateur sports is not allowed – however, individual sport is allowed as well as doing sports with people from the own household or persons from **one** other household
- Entertainment events are not allowed to take place. Professional sport can only take place without audience – this also applies to the Bundesliga (soccer)
- Restaurants, bars and pubs are only allowed to offer delivery and take-away food. Canteens can remain open.
- Cosmetic studios, massage practices, tattoo studios and similar businesses will be closed. Medically necessary treatments, e. g. physiotherapy, ergotherapy, speech therapy as well as podiatry can continue. Hairdressing salons remain open under the existing hygiene requirements.
- Shops are allowed to remain open under hygiene requirements (10 square meters per customer must be available)
 - > Regulations from 1 December: 20 m² per customer must be available if the shop is bigger than 800 m² / if the shop is smaller than 800 m², 10 m² per customer must be available

Additional regulations that come into effect on 1 December

- Avoidable contacts should continue to be avoided
- It is recommended to avoid fireworks on New Year's Eve. The use of pyrotechnics is prohibited in busy squares and streets in order to avoid larger groups. The local authorities determine the places that are affected. Public fireworks are not allowed
- Ski lifts in Bavaria stay closed until the end of the year
- Winter sport enthusiasts and other day tourists who only travel briefly to a risk area abroad must be in quarantine for 10 days
- Masks need to be worn in front of shops and in parking lots as well as in all places open to public in the city center - the local authorities determine the places that are affected
- Additional measures must be taken locally in hotspots - these are regulated regionally
- In case of a confirmed Covid-19 case in a class, the quarantine for the other students only lasts for 5 days - then it can be lifted after a negative test
- If the incidence value gets over 300, additional measures will be imposed by the authorities

Masks

- The wearing of masks is mandatory for all persons on the school premises (teachers, students, other staff, external persons) -> this is mandatory in all rooms and meeting areas (e.g. in corridors, stairwells, sanitary areas) and also in open grounds (e.g. playground, sports facilities) - however, students can remove their masks in break areas if the minimum distance (1.5m) is maintained. Students may also remove their masks for a short period of time when their classroom is simultaneously being ventilated (windows open). Students must remain seated during this time.
- These masks are to cover the nose and mouth. Face shields on their own will not suffice.

The following exemptions apply:

- If the teacher allows an exception for educational or didactical or organizational reasons (e.g. for doing scientific experiments, taking a test that lasts for several periods -> the minimum distance of 1.5 m must be maintained) -> these exceptions relate to individual cases and apply for a certain period of time, these are not general exceptions
- During PE and music lessons
- Teachers and other staff as soon as they have reached their workplace when alone in the room
- People who have a doctor's note confirming that there are health issues (in these cases, it must be ensured that other suitable measures – in particular by maintaining minimum distances of 1.5m or special seating arrangements – reduce possible risk of transmission of infection)
- EYP 1-3 children
- While eating or drinking (especially during breaks)
- Staff must wear masks in the staff room. The masks can only be removed while eating or drinking
- People who are alone in an office or classroom can remove the mask

PE

- PE lessons can take place
- PE lessons inside: masks need to be worn
- PE lessons outside: masks can be removed, however, the minimum distance of 1.5 m needs to be maintained
- Sports with physical contact should only take place if this is imperative for educational reasons
- Surfaces shall be cleaned after each use (e.g. bars) -> if this is not possible, students must wash their hands at the beginning and the end of the PE lesson
- In sports halls, the exercise time is limited to 120 minutes, followed by intensive ventilation

Music

- Music lessons when using wind instruments or when singing:
 - only one-to-one lessons and 2.5 m distance
- instruments need to be cleaned after each use
- no exchange of instruments or materials

After School Care (ASC)

- The regulations of the hygiene plan also apply to ASC
- ASC should be carried out in fixed groups with assigned staff
- Attendance lists should be kept in such a way that the composition of groups and allocated staff is clear -> so the chain of infection can be traced

In Case of Symptoms

When do students have to stay at home in any case?

Students are not allowed to come to school if they show acute, flu-like symptoms of illness like:

- Fever
- Cough
- Sore throat or ear ache
- Stomach ache
- Vomiting or diarrhea

Please get in contact with your GP if necessary. Your GP will decide if a Covid-19 test is necessary and will discuss the further steps before returning to school.

Returning to school is only possible if:

- the student shows no symptoms for 24 hours (apart from a slight runny nose or occasional cough)
- no fever has developed for 24 hours
- in addition: a doctor's note or a negative Covid-19 test (decision of necessity will be made by doctor)

If a student shows new and non-progressive cold symptoms (runny nose without a fever, occasional cough) it depends whether they can go to school:

- EYP and Grades 1-4
 - > students can come to school with mild cold symptoms

- Grades 5-12
 - > school attendance is not allowed on the day the symptoms start
 - > school attendance is allowed if no fever has developed after at least 24 hours after the onset of symptoms
 - > in addition: a doctor's note or a negative Covid-19 test (decision of necessity will be made by doctor)

The following measures still apply at ISU

What to do if a sibling or person in your household displays symptoms

- If someone in your household displays symptoms, students are asked to stay at home for the day the symptoms appear. Students can come back if no fever (more than 38°C) has developed after 24 hours
- If a student shows symptoms and needs to stay at home, we also ask siblings to stay at home for the day the symptoms appear
- Siblings can come back if no fever (more than 38°C) has developed after 24 hours

In and outside the classroom

- Where ever it is possible in the school building, a minimum distance of 1.5 m should be maintained (e. g. in corridors, stairwells, sanitary areas)
- Fixed seating arrangements should be adhered to in the classrooms. If possible, individual tables and a frontal seating arrangement should be used -> a distance of 1.5 m between desks is not required
- A minimum distance between students and teachers/other staff must be maintained, unless there are compelling pedagogical and didactic reasons that require this
- Partner and group work within the class (e.g. to carry out scientific experiments) is possible if the minimum distance can be maintained. The minimum distance does not need to be maintained if students who sit directly next to each other work together.
- There will be small group mixed level classes such as EAL, SEN, Morning Care and ASC -> a 1.5m physical distance must be maintained between the grade levels.
- If possible, a change of classrooms should be avoided – however, the use of specialist rooms is possible (e. g. chemistry, music, art, PE)
- Staggered breaks and allocated zones for fixed groups in the playground is recommended – if this is possible regarding space. The break can also take place in the classroom
- 1.5m physical distance must be maintained between staff at all times - including the staff room
- Rooms are to be ventilated as often as possible - windows left fully open before class, breaks, lunch, during specialist lessons and after class -> every 45 minutes for at least 5 minutes
- No assemblies and no cross-grade learning opportunities until at least the end of October
- Students will be based primarily in one classroom and teachers will be moving
- No ASAPs until further notice

- No swimming until further notice
- Access to the building will be restricted and parent meetings are to take place after 15:45
- Involvement of third parties in school events is possible if in compliance with the hygiene plan

Arrival and Dismissal

Students may arrive from 8:00 and will enter the building as follows:

- EYP1-3:
 - Students enter via the main door
 - Students exit via the main door (Mondays – Thursdays)
 - On Fridays, all EYP students will be released at 13:45 instead of 14:00
 - > EYP1 students leave via the main entrance (parents may enter the building to get their child)
 - > EYP B and EYP E students will be picked up at the middle/side exit
- Grade 1:
 - Students enter via the main entrance
 - Students exit via the main entrance (Mondays – Thursdays)
 - Students exit via the middle/side exit (Fridays)
- Grade 2H and Grade 2R:
 - Students enter via playground entrance
 - Students exit via the playground (Mondays – Fridays)
- Grade 3:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Fridays)
- Grade 4:
 - Students enter via playground
 - Students exit via the playground (Mondays – Fridays)
- Grade 5:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Thursdays)
 - Students exit via the playground (Fridays)
- Grades 6 – 12:
 - Students enter via the main entrance
 - Students exit via the main entrance

Upon entering the school students wash their hands and go directly to their homeroom

Hygiene and Cleaning

- In addition to our regular evening cleaning, disinfecting and cleaning will continue during the school day
- Disinfectant stations, gels, and wipes will remain readily available
- School computers, laptops, tablets, musical instruments and art supplies must be disinfected after every use
- Students are not to exchange any materials including musical instruments
- Masks must be washed daily and always stored hygienically when not in use
- Wash hands regularly for 20-30 seconds

Catering

- Catering is possible as long as it is guaranteed that the distance of 1.5m between the various classes can be maintained
- The water fountain is off limits

Bathrooms

- The bathrooms in the C wing will continue to be designated for students. Staff bathrooms are located in the D wing, bathroom behind the Atrium, and the single-use toilet in the A wing
- Students are not to congregate in bathrooms. No more than 2 students in a bathroom at any one time and 1.5m distance must be maintained and masks worn

Day and residential trips

- No competitive sports events are to take place with other external teams during the first semester
- No residential trips are to take place in the first semester. MSUS Trip Week will be postponed until late in the second semester
- Day trips are postponed until further notice
- Large ISU community gatherings will be postponed until further notice

General updated regulations

- Information on risk areas can be found here: [RKI - Dashboard](#)

Thank you so much for your patience and understanding as we have been adjusting, like you, to this evolving situation.