

Covid-19 Measures

(updated: 14 December 2020)

The following measures will be implemented from 16 December until at least 10 January:

- In Bavaria, a curfew is imposed from 9 p.m. to 5 a.m. -> this also applies on Christmas and New Year's Eve. A minimum fine of 500€ is set for violating the curfew. The curfew in Baden-Württemberg is from 8 p.m. to 5 a.m.
- People are only allowed to leave the house for a valid reason. Valid reasons are: going to work, going shopping, going for a walk, taking care of animals, medical reasons
- Regulations regarding schools and kindergartens:
 - All kindergartens and schools are to close until at least 10 January 2021
 - EYP 1 - Grade 12 will be online -> Distance learning is listed as a form of teaching in the Bavarian school regulations - therefore, participation is compulsory for Grades 1 -12
- The plan from Wednesday, 16 December to Tuesday, 22 December:
 - Wednesday (16.12.) - Friday (18.12.): regular days with online learning from EYP 1 to Grade 12. Emergency Care from 8:00 - 17:00
 - Monday (21.12.): online EYP 1 - Grade 12. Emergency Care from 8:00- 17:00.
 - Tuesday (22.12.): online EYP 1- Grade 12. Emergency Care from 8:00 -13:00.
- Private gatherings are limited to **two** households and a maximum of **5** people (children under 14 are exempt from this rule and are not counted) -> Regulations for Christmas (24 Dec - 26 Dec): a household can gather with **4 additional people** who are not members of that household plus children up to 14 years. This applies to close family members such as spouses, (unmarried) partners, direct relatives (e. g. siblings, siblings and their respective household members). This means that more than two households or 5 people over 14 may gather. For unrelated people, the following regulations still applies: **two** households and a maximum of **5** people (children under 14 are exempt from this rule and are not counted) can gather
- On New Year's Eve and New Year's Day, a nationwide ban of gatherings is implemented. In addition, there is a ban on fireworks in public places (defined by authorities). The sale of pyrotechnics is prohibited and the lighting of fireworks is strongly advised against (because of the high risk of injury and the burden on the health system). Private gatherings are again limited to the own household plus one other household, however, not more than 5 people in total (children under 14 are exempt from this rule and are not counted)
- Retail stores will be closed from 16 Dec - 10 Jan. The following stores remain open: grocery stores, markets (for groceries), pick-up and delivery services, beverage stores, health food stores, pharmacies, medical supply stores, pharmacies, opticians, hearing aid acousticians, petrol stations, car and bike workshops, banks, post offices, dry cleaners, pet stores, Christmas tree sales as well as medically necessary treatments, e. g. physiotherapy, speech therapy. The following institutions will close (in addition to the ones that have already closed): hairdressers, cosmetics studios, DIY outlets
- Pick-up and delivery of meals (for consumption at home) are allowed. Consumption of alcoholic beverages in public places is prohibited. Violations may result in fines
- Unnecessary travelling must be avoided (regardless if it's within Germany or abroad).

- Borders may only be crossed without a test or quarantine for visits of first and second degree family members
- The consumption of alcohol in public places is prohibited
- Outdoor sports are allowed - however, either alone, with people from the own household or persons from **one** other household -> maximum of **5** people

The following measures came into effect in November 2020 and still apply

- The Three-Level-Plan does not apply until further notice
- Theaters and concert halls have to close as well as casinos, cinemas, theme parks, sports facilities, swimming pools
- Leisure/amateur sports is not allowed
- Entertainment events are not allowed to take place. Professional sport can only take place without audience

Additional regulations that came into effect on 1 December

- Avoidable contacts should continue to be avoided
- Masks need to be worn in front of shops and in parking lots as well as in all places open to public in the city center - the local authorities determine the places that are affected
- Additional measures may be taken locally in hotspots (if the incidence value gets over 200 or 300) - these are regulated regionally
- In case of a confirmed Covid-19 case in a class, the quarantine for the other students only lasts for 5 days - then it can be lifted after a negative test

Masks

- The wearing of masks is mandatory for all persons on the school premises (teachers, students, other staff, external persons) -> this is mandatory in all rooms and meeting areas (e. g. in corridors, stairwells, sanitary areas) and also in open grounds (e.g. playground, sports facilities) - however, students can remove their masks in break areas if the minimum distance (1.5m) is maintained. Students may also remove their masks for a short period of time when their classroom is simultaneously being ventilated (windows open). Students must remain seated during this time.
- These masks are to cover the nose and mouth. Face shields on their own will not suffice -> transparent masks are no longer accepted - the Bavarian Ministry of Health only accepts tight textile masks (so-called community masks, FFP2-masks)

The following exemptions apply:

- If the teacher allows an exception for educational or didactical or organizational reasons (e.g. for doing scientific experiments, taking a test that lasts for several periods -> the minimum distance of 1.5 m must be maintained) -> these exceptions relate to individual cases and apply for a certain period of time, these are not general exceptions
- Teachers and other staff as soon as they have reached their workplace when alone in the room
- People who have a doctor's note confirming that there are health issues (in these cases, it must be ensured that other suitable measures – in particular

by maintaining minimum distances of 1.5m or special seating arrangements – reduce possible risk of transmission of infection)

- EYP 1-3 children
- While eating or drinking (especially during breaks)
- Staff must wear masks in the staff room. The masks can only be removed while eating or drinking

PE

- PE lessons cannot take place until the winter break for Grades 1-12
- theoretical content can be taught - however, classes should not be mixed

Music

- No use of wind instruments and no singing
- Instruments need to be cleaned after each use
- No exchange of instruments or materials

After School Care (ASC)

- The regulations of the hygiene plan also apply to ASC
- ASC should be carried out in fixed groups with assigned staff
- Attendance lists should be kept in such a way that the composition of groups and allocated staff is clear -> so the chain of infection can be trace

In Case of Symptoms

In case of **mild cold symptoms** (runny nose without a fever, occasional cough) it depends on the grade level whether students can go to school:

- EYP and Grades 1-4
-> students can come to school with mild cold symptoms
- Grades 5-12
-> school attendance is not allowed on the day the symptoms start
-> school attendance is allowed if no fever has developed after at least **48 hours** after the onset of symptoms **and if no adult in their household suffers from cold symptoms or a Covid-19 infection**
-> in addition: a doctor's note or a negative Covid-19 test (decision of necessity will be made by doctor)

In case of an **acute illness** (fever, cough, sore throat or ear ache, stomach ache, vomiting or diarrhea, loss of taste and smell):

- students are not allowed to come to school - regardless the grade level
- students can come back to school, if
 - they show no symptoms for 24 hours (apart from a slight runny nose or occasional cough)
 - no fever has developed for 24 hours
 - in addition: a doctor's note or a negative Covid-19 test (decision of necessity will be made by doctor)

Confirmed Covid-19 case of a student

- If a student has been tested positive, all students of that class need to self-isolate immediately (however, not their parents or other household members)
- Classmates are automatically considered as first-contact persons even if masks were worn at all times, the minimum distance of 1.5 m was maintained and the ventilation was adhered
- The teaching staff are not automatically subjects to cohort isolation
- After 5 days, a test can be conducted for cohort-isolated students -> students can come back to school if the test is negative.
- However, students cannot come back to school if they had contact with an infected person in their private environment and therefore are first-contact persons -> in such cases, the quarantine ends after 14 days but can be ended with a negative test after 10 days

The following measures still apply at ISU

What to do if a sibling or person in your household displays symptoms

- If someone in your household displays symptoms, students are asked to stay at home for the day the symptoms appear. Students can come back if no fever (more than 38°C) has developed after 24 hours
- If a student shows symptoms and needs to stay at home, we also ask siblings to stay at home for the day the symptoms appear
- Siblings can come back if no fever (more than 38°C) has developed after 24 hours

In and outside the classroom

- Where ever it is possible in the school building, a minimum distance of 1.5 m should be maintained (e. g. in corridors, stairwells, sanitary areas)
- Fixed seating arrangements should be adhered to in the classrooms. If possible, individual tables and a frontal seating arrangement should be used -> a distance of 1.5 m between desks is not required
- A minimum distance between students and teachers/other staff must be maintained, unless there are compelling pedagogical and didactic reasons that require this
- Partner and group work within the class (e.g. to carry out scientific experiments) is possible if the minimum distance can be maintained. The minimum distance does not need to be maintained if students who sit directly next to each other work together.
- There will be small group mixed level classes such as EAL, SEN, Morning Care and ASC -> a 1.5m physical distance must be maintained between the grade levels.
- If possible, a change of classrooms should be avoided – however, the use of specialist rooms is possible (e. g. chemistry, music, art, PE)
- Staggered breaks and allocated zones for fixed groups in the playground is recommended – if this is possible regarding space. The break can also take place in the classroom
- 1.5m physical distance must be maintained between staff at all times - including the staff room

- Rooms are to be ventilated as often as possible - windows left fully open before class, breaks, lunch, during specialist lessons and after class -> every 45 minutes for at least 5 minutes
- No assemblies and no cross-grade learning opportunities
- Students will be based primarily in one classroom and teachers will be moving
- No ASAPs until further notice
- No swimming until further notice
- Access to the building will be restricted and parent meetings are to take place after 15:45
- Involvement of third parties in school events is possible if in compliance with the hygiene plan

Arrival and Dismissal

Students may arrive from 8:00 and will enter the building as follows:

- EYP1-3:
 - Students enter via the main door
 - Students exit via the main door (Mondays – Thursdays)
 - On Fridays, all EYP students will be released at 13:45 instead of 14:00
 - > EYP1 students leave via the main entrance (parents may enter the building to get their child)
 - > EYP B and EYP E students will be picked up at the middle/side exit
- Grade 1:
 - Students enter via the main entrance
 - Students exit via the main entrance (Mondays – Thursdays)
 - Students exit via the middle/side exit (Fridays)
- Grade 2H and Grade 2R:
 - Students enter via playground entrance
 - Students exit via the playground (Mondays – Fridays)
- Grade 3:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Fridays)
- Grade 4:
 - Students enter via playground
 - Students exit via the playground (Mondays – Fridays)
- Grade 5:
 - Students enter via the middle/side entrance
 - Students exit via the middle/side entrance (Mondays – Thursdays)
 - Students exit via the playground (Fridays)
- Grades 6 – 12:
 - Students enter via the main entrance
 - Students exit via the main entrance

Upon entering the school students wash their hands and go directly to their homeroom

Hygiene and Cleaning

- In addition to our regular evening cleaning, disinfecting and cleaning will continue during the school day
- Disinfectant stations, gels, and wipes will remain readily available
- School computers, laptops, tablets, musical instruments and art supplies must be disinfected after every use
- Students are not to exchange any materials including musical instruments
- Masks must be washed daily and always stored hygienically when not in use
- Wash hands regularly for 20-30 seconds

Catering

- Catering is possible as long as it is guaranteed that the distance of 1.5m between the various classes can be maintained
- The water fountain is off limits

Bathrooms

- The bathrooms in the C wing will continue to be designated for students. Staff bathrooms are located in the D wing, bathroom behind the Atrium, and the single-use toilet in the A wing
- Students are not to congregate in bathrooms. No more than 2 students in a bathroom at any one time and 1.5m distance must be maintained and masks worn

Day and residential trips

- No competitive sports events are to take place with other external teams during the first semester
- No residential trips are to take place in the first semester. MSUS Trip Week will be postponed until late in the second semester
- Day trips are postponed until further notice
- Large ISU community gatherings will be postponed until further notice

General updated regulations

- Information on risk areas can be found here: [RKI - Dashboard](#)

Thank you so much for your patience and understanding as we have been adjusting, like you, to this evolving situation.