Newsletter

22.03.2024

Contact Information Update - Wolf Cave
Morning Connection - Art Enthusiasts - Counseling
Teacher Accommodation Photography Competition
Sport Season 3 - ASAP Season 3 - GISST Basketball
Dear ISU Community,

As part of our ongoing efforts to keep our records accurate and ensure effective communication, we kindly request you to update your contact and medical information for your child/ren in Power School. Your current information is crucial for us to reach you promptly with important updates, announcements, and emergency notifications related to your child/ren.

To update your information, please follow the steps outlined in the attached document. Your cooperation in this matter is highly appreciated and contributes to maintaining a smooth flow of communication between our school and your family. Should you have questions, please do not hesitate to reach out to our Admissions Team (admissions@is-ulm.de).

We hope you have a lovely, relaxing weekend!

Best wishes,

Your ISU Team

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**Step 1**
Log in to the PowerSchool App

**Step 2**
Select ‘Forms’ from the list of options

**Step 3**
Select the existing information to update

Review the information and change details, as required

Choose whether to update the information for the whole family

Click Save
ISU PTG wants your ideas!

The PTG Wolf Cave is a group of investors. They have money and are looking to invest in a resource that is beneficial to all of the ISU community.

All Students, Teachers/Staff, and Parents can come to the panel and submit your ideas on how the funds can be spent.

Will you be able to convince the Wolves that your idea is worth investing in?

DISCLAIMER! No funds will be distributed at this event. Participants will be selling their ideas!

*Similar to Shark Tank/Dragons Den, but made for ISU Wolves*

Please use this link to sign-up: [Sign up]
Our most recent Morning Connections was held Tuesday, March 12 and was an introduction to Mathematics within the Primary Years Programme (PYP). We had an enthusiastic group of parents who were willing to be risk-takers and explore what it looks like and feels like to learn Maths using an inquiry-based approach.

Our approach, rooted in conceptual, transdisciplinary inquiry methods, nurtures deeper comprehension and critical thinking skills in our students. We explored various teaching and learning strategies, while addressing the pivotal role parents play in supporting their child’s mathematical journey at home. Please note that more details about Maths topics being taught can be found in the Classroom & Curriculum Newsletters posted on Toddle at the beginning of each Unit of Inquiry.

We hope to continue the journey together to empower our children to be confident problem solvers and lifelong learners. A most important takeaway from our time together is that Maths learning can and should be fun!

For those who couldn’t attend, don’t worry! Slides from the workshop are available at Maths March 2024. If more information is needed, please contact me or your child’s homeroom teacher.

Karma Rodriguez
Dear ISU Community,

In Lower School, under the transdisciplinary theme of “How We Express Ourselves,” we share the central idea that “Exploring and sharing our diversity connects us as global citizens.” It is with great excitement that we extend an invitation to parents & community members who have a passion for the arts to share their talents and expertise with our students. During the week of April 22nd, we will be celebrating Arts Week, a time dedicated to celebrating creativity, diversity, and expression. As part of our celebration, we would love to involve our ISU community in showcasing the richness of artistic expression.

Do you play a musical instrument, paint, sculpt, dance, or have any other artistic talents you’d love to share? We would love to have you come into our classrooms to inspire and educate our young learners. Whether you have professional experience or simply enjoy pursuing your artistic interests as a hobby, your involvement can make a meaningful impact on our students’ lives.

Here are just a few ideas of how you can get involved:

**Musical Performances:** Share your love of music by performing for our students. Whether it’s classical piano, folk guitar, or jazz saxophone, your performance can ignite a passion for music in our students.

**Art Demonstrations:** Showcase your artistic skills by leading an art demonstration. You could show/teach painting techniques, pottery making, or any other art form you’re passionate about.

**Creative Movement Workshops:** Lead a workshop on expressive dance or movement. Help our students explore the joy of movement and self-expression through dance.

**Art History Talks:** Share your knowledge and passion for art history by giving a talk on different artistic movements, famous artists, or important works of art.

We believe that involving parents in our educational endeavours creates a stronger sense of community and enriches the learning experience for our students. Your involvement will not only inspire our students but also create lasting memories for them.

If you’re interested in volunteering your time and talents, please sign up using the attached Google form. Simply indicate your availability and the type of activity you’d like to contribute. We will coordinate with you to schedule your visit to the Lower School classrooms.

**Arts Week 2024**

Thank you for considering this opportunity to be a part of our vibrant arts community at ISU. Together, we can inspire creativity and ignite a lifelong love of the arts in our students.

Carolyn Henry
Lower School Vice Principal & PYP Coordinator
Embracing Counseling with a Healthy Perspective: Overcoming Stigma for Personal Growth

In today’s society, awareness of mental health is increasing; however, many still hold prejudices and stigmatize seeking mental health support. In school environments, this bias is often reflected in misunderstandings about counseling services. Some students or parents perceive talking to a counselor as indicating personal problems or trouble ahead. Nevertheless, we need to change this perception and view counseling through a healthy lens. We should recognize that seeking mental health support is a proactive behavior that fosters personal growth and development.

Throughout our developmental journey, we all encounter various issues such as social relationships, academic pressure, family problems, career planning, adolescent confusion, self-exploration, and feelings of loss. These difficulties and challenges can affect our emotions and psychological well-being. Just as physical health requires attention and care, mental health deserves equal consideration.

Social and emotional counselors, as professionals in schools, possess rich expertise and skills to provide effective support and guidance, aiding students in overcoming challenges and solving problems. Counseling does not necessarily imply severe issues or challenges; rather, it signifies proactive behavior, demonstrating an individual’s concern and value for their mental health.

Counselors play a crucial role in addressing social and emotional needs. They are not merely listeners but also professional guides who can help students understand and manage their emotions, offering constructive solutions. Conversations with counselors should not be seen as shameful or indicative of weakness but as a process of seeking support and assistance. The role of counselors emphasizes school-wide proactive promotion and prevention as well as selective and short-term intervention. When students require intensive and long-term mental health support, counselors assist in connecting them with external psychologists for more in-depth treatment.

Furthermore, counseling is not solely about problem-solving but also about personal growth and development. Through counseling, students can better understand themselves, discover their potential and strengths, and learn how to cope with challenges and difficulties. Counselors not only provide assistance in problem-solving but also inspire students’ thinking, promoting holistic development.

Therefore, let us discard the stigma and biases surrounding counseling and adopt a healthy perspective. Seeking mental health support is not a sign of weakness but rather an act of courage and positivity that contributes to personal growth and development. Let us work together to create an open, understanding, and supportive school environment where everyone can receive the support and assistance they need, embarking on a path of healthy and happy growth.

Pei Yu Lin
We are currently looking for accommodation for new teachers. If you know someone who is offering for rent a furnished 1 - 3 room apartment in Ulm or Neu-Ulm (close to the school or close to the city) from summer, please let Mrs. Bergert know at c.bergert@is-ulm.de.

We are grateful for any hint.
Thank you in advance for all your support!

The International School of Ulm / Neu-Ulm (ISU) Management GmbH is an all-day IB school located in Neu-Ulm. Teaching and working language is English.

We are searching the following accommodation possibilities for our new English-speaking teachers:

Several flats for single persons (1 living room, 1 bedroom)
- Non-smokers
- No pets
- All staff members will have a full-time (teaching) employment with ISU
- Start of rental agreement should be 1st July, 15th July or 1st August 2024.
- Ideally (partially) furnished
- A kitchen should be built in, fridge and electrical devices are ideally there
- Location: Ulm / Neu-Ulm area, ideally near ISU (Schwabenstraße Neu-Ulm; Pfuhl or city centre). Good is also close to bus / tramway stop
- Cold rent (Kaltmiete) of 600 – 900 EUR

Flat with 1 living room and 2 bedrooms
- Non-smokers
- No pets
- Couple (wife will be working for ISU full-time)
- Start of rental agreement should be 15th July or 1st August 2024.
- Ideally (partially) furnished
- A kitchen should be built in, fridge and electrical devices are ideally there
- Location: Ulm / Neu-Ulm area, ideally near ISU (Schwabenstraße Neu-Ulm or Pfuhl)

We are looking forward to hearing from you!

Mrs. Claudia Bergert
c.bergert@is-ulm.de
Phone: 0731 – 379 353 – 20 (Tuesdays 7:30 am – 3 pm and Thursdays 7:30 am – 12:30)
Wohnungen für Mitarbeiter gesucht

Die International School of Ulm / Neu-Ulm (ISU) Management GmbH ist eine junge und wachsende Ganztagsschule mit Unterrichtssprache Englisch.

Für unsere neuen Lehrer (alle englischsprachig) suchen wir folgende Mietswohnungen:

Mehrere 1-2-Zimmer-Wohnungen für Einzelpersonen
- Nichtraucher
- Keine Haustiere
- Mitarbeiter sind in Vollzeit angestellt
- Mietbeginn: 01.07., 15.07. oder 01.08.2024
- Idealerweise (teil-)möbliert
- Küchenmöbel und Küchengeräte (Herd, Ofen, Kühlschrank) sollten da sein
- Lage: Ulm / Neu-Ulm, idealerweise Nähe ISU (Schwabenstraße Neu-Ulm; Pfuhl oder stadt-nah). Gerne gute Anbindung zum ÖPNV
- Kaltmiete: 600 – 900 EUR

2-3-Zimmer-Wohnung
- Nichtraucher
- Keine Haustiere
- Ehepaar (Ehefrau wird in Vollzeit für die ISU arbeiten)
- Mietbeginn: 15.07. oder 01.08.2024
- Idealerweise (teil-)möbliert
- Küchenmöbel und Küchengeräte (Herd, Ofen, Kühlschrank) sollten da sein
- Lage: Ulm / Neu-Ulm, idealerweise Nähe ISU (Schwabenstraße Neu-Ulm; Pfuhl)

Wir freuen uns auf Ihre Rückmeldung!

Claudia Bergert
Human Resources / Relocation
c.bergert@is-ulm.de
Tel.: 0731 – 379 353 – 20 (Di 7:30 – 15 Uhr sowie Do 7:30 – 12:30 Uhr)
If you are interested in participating please reach out to Asmi from G11

If you are interested in participating please reach out to Asmi from G11

THEME: FOOD PHOTOGRAPHY - BEST FOOD PHOTOS, EITHER OF THE DISHES YOU HAVE COOKED OR THE HAVE ENCOUNTERED
Dear ISU community, just a reminder that our sports season 3 will start on April 8th.

Below is the list of sports that we are planning to offer, with starting dates, information regarding coaches, days for practices and dates for events (season starts on April 8th):

- U14 girls volleyball (practices on Monday and Thursday, coach: Mr. Foege).
- U14 boys volleyball (practices on Monday and Thursday, coach: Mr. Foege).
- U14/varsity track & field (practices on Wednesday and Thursday, coaches: Mr Alex and Mr. Martin).

If you are interested in joining our sports program, please save the following dates:

- **April 13th** - U14 girls volleyball at Franconian International School (friendly tournament)
- **April 27th** - U14/Varsity track & field at Franconian International School (friendly tournament)
- **May 4th** - U14 boys and girls volleyball at International School of Stuttgart (friendly tournament)
- **June 6-8th** - U14 boys volleyball at Dresden International School (final GISST tournament)
- **June 6-8th** - U14 girls volleyball at International School of Stuttgart (final GISST tournament)
- **June 13-15** - U14/Varsity track & field at Berlin Brandenburg International School (final GISST tournament)

The signing up process is now open on schoolcloud. Looking forward to seeing you join our programme and let's go Wolves!

Alexandre Alves (a.alves@is-ulm.de)
ASAP and Athletic Director
Dear ISU community, just a reminder that we will restart our After School Activities, season 3 on April 8th.

Activities will be offered four days a week Monday - Thursday. The list of activities is as below:

### Monday

<table>
<thead>
<tr>
<th>Description of Activity</th>
<th>Location</th>
<th>Age Range and numbers</th>
<th>Any costs and other details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Basketball - Ratiopharm Basketball Coaches and Mr. Alex</strong>&lt;br&gt;3:30 - 4:30 p.m.</td>
<td>Sports Hall</td>
<td>Grade 1 - 5&lt;br&gt;Max: 20 Students</td>
<td>No additional cost&lt;br&gt;Meeting Point: playground</td>
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<tr>
<td>Learning basketball skills, drills, and lead-up games. Students will be divided into groups by age.</td>
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<tr>
<td><strong>Choir</strong>&lt;br&gt;3:15- 4:15 p.m.</td>
<td>Music Room</td>
<td>Grade 1-12&lt;br&gt;Max: 20 students</td>
<td>80 euros per session divided by the total amount of students&lt;br&gt;Example: if 10 students join, price per session/student is 8 euros</td>
</tr>
<tr>
<td>My name is Rob and I’d like to start 2 choirs, I work at Theater Ulm and have studied singing at the Royal Academy of Music in London. Choir builds musicianship, self-confidence, creativity, teamwork and is a great social activity after a long day at school. We will sing a range of songs and our main aim will be to have fun.</td>
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### Tuesday

<table>
<thead>
<tr>
<th>Description of Activity</th>
<th>Location</th>
<th>Age Range and numbers</th>
<th>Any costs and other details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drama Club - Ms. Habeck</td>
<td>Room: C106</td>
<td>Grade 6-12 Max: 15 students</td>
<td>No additional cost</td>
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<tr>
<td>3:45 - 4:45p.m.</td>
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<td></td>
<td>Students who want to have extra time working on Drama skills and games can join Ms. Habeck in C-106 after school. We will put together some short pieces with the option of joining the Spring Play Evening performances!</td>
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</tr>
</tbody>
</table>

| Chess Club - Mr. Bailey | Room: B207 | Grade 4-12 Max: 16 students | No additional cost |
| 3:45 - 4:45p.m.        |            |                          |                             |
| Welcome to the Chess Club, an exciting and intellectually stimulating environment for students in grades 4-12 to learn and enjoy the game of chess! Chess is not only a game of strategy but also a fantastic way to enhance critical thinking, concentration, and sportsmanship. Whether you’re a beginner or an experienced player, everyone is welcome to join and explore the world of chess. | Room: B207 | Grade 4-12 Max: 16 students | No additional cost |

**Requirements**

- Students should have a basic understanding of chess rules (for beginners) or a passion for improving their chess skills. Bring your own chess set if possible. Limited sets will be available during the club meetings.

- Join the Chess Club and embark on a journey of intellectual growth, strategic thinking, and fun! Let’s checkmate boredom and make every move count!
## Description of Activity

Activities run from Apr 8 - May 30

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Age Range and numbers</th>
<th>Any costs and other details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Turkish Language and Culture Club</strong></td>
<td>Room: B201</td>
<td>Grade EY3-8 Max: 10 students</td>
<td>No additional cost</td>
</tr>
<tr>
<td>3:30-5 pm</td>
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<tr>
<td>Come learn and engage in language and cultural activities for all.</td>
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<tr>
<td><strong>German tutoring (individual work and support)</strong></td>
<td>Room: B203</td>
<td>Grade 2-5 Max: 12 students</td>
<td>No additional cost</td>
</tr>
<tr>
<td>3.15-4.15pm</td>
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<tr>
<td>Come learn and engage in language and cultural activities for all.</td>
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<tr>
<td><strong>Boxing Club - Ms. Garcia</strong>&lt;br&gt;3:45 - 4:45 p.m.</td>
<td>Sports hall</td>
<td>Grades 7 - 12&lt;br&gt;Max: 16 Students</td>
<td>No additional cost</td>
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<tr>
<td>A mixture of fitness and kickboxing. Students will learn and practise the basics of boxing to develop different combos. Students need to bring their own boxing gloves.</td>
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<tr>
<td><strong>Technicolor group - Ms. Habeck</strong>&lt;br&gt;3:45 - 4:45 p.m.</td>
<td>Room: C106</td>
<td>Grades 9 - 12&lt;br&gt;Max: no limit</td>
<td>No additional cost</td>
</tr>
<tr>
<td>This is an Upper School club for students interested in becoming part of an active group to create a safe space to learn more about and be a part of LGBTQIA+ community and other social advocacy issues. We will enjoy learning about everything from Heartstopper or Everybody's Talking about Jamie to current events in the news. We will watch films, listen to music and read about what is happening in the LGBTQIA+ world and other social advocacy issues. We can become an active part of the ISU community to raise awareness, take action and teach, but first and foremost is creating a community space where all identities are welcome. If you are interested in being part of this group, please email Ms. Habeck (<a href="mailto:s.habeck@is-ulm.de">s.habeck@is-ulm.de</a>) or Ms. Bailey (<a href="mailto:a.bailey@is-ulm.de">a.bailey@is-ulm.de</a>) to find out more information about meeting time and location.</td>
<td></td>
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<tr>
<td><strong>French Tutoring</strong>&lt;br&gt;3:15 - 4:15 p.m.</td>
<td>Room: C202</td>
<td>Grade 1 - 5&lt;br&gt;Max: 5 Students</td>
<td>Price per student/per student: 15 euros&lt;br&gt;In case is only 2 students per season then 20 euros per session</td>
</tr>
<tr>
<td>Learning with fun, gamification focused on identified needs. Courses in French only. Some minimal French background is a prerequisite.</td>
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</tbody>
</table>
Dear ISU community, a slight change regarding our French tutoring after school activity. From March 14, the club will start at 3.15pm instead of 3.45pm. Each session will have a duration of an hour.

Thank you for your understanding,

Alexandre Alves (a.alves@is-ulm.de)
ASAP and Athletic Director

For Season 3, starting on Monday, April 8th, the sign up process is open and available on ISU School cloud. Registrations will remain open until April 26th. Please note that ASAP activities will be limited to twice a week per child. This is to ensure as equitable distribution as possible and we will monitor and review depending on demand for the range of activities.

Follow this link to sign up or scan the QR code:

We look forward to seeing you at our activities!

Alexandre Alves
After School Activities Coordinator

Dear ISU community, a slight change regarding our French tutoring after school activity. From March 14, the club will start at 3.15pm instead of 3.45pm. Each session will have a duration of an hour.

Thank you for your understanding,
The basketball tournament final was where I (Aarav), Blake, Max, Paul, Moritz, Sondre and Birk went to Frankfurt to play Basketball and have a lot of Fun. First we left from the school on the 14th of March at 2:20 and then we walked to the bus station at Zup and from there we took a bus to the Ulm Hauptbahnhof and then from there we went in the train to Mannheim Hauptbahnhof and took another train to the Frankfurt Hauptbahnhof. From there we walked to the AOHostels which only took about 20 minutes of walking time. We arrived there and waited until our coaches (Uwe Sauer and Alex Alves) did the booking in for us sitting down or getting some fresh water bottles or a can of Pringles or something like that.

Once our coaches did the booking in then we got our room keycards and we went to our rooms the first thing we did was get fresh and wash our faces or wash our hands because we were all really tired after all of that travelling we had done. Once we got freshen up then we had 10-20 free time to unpack our things change our clothes and we had to be down in the lobby by 6:30pm so then we went down and started walking to this place which was called Central grill and they had Kebap, they had Döner, they had some fresh drinks and pizza so all of us ordered what we wanted and after that we paid for our food on our own. Then we started walking back to the hostels and when we reached we all went to our rooms and before that our coaches told us we had to be down for breakfast at 7:00am latest because we leave at 8:00am and being there we had this bus that always came for us and took us to ISF (International School of Frankfurt) and we quickly ate and went to our rooms then we came to the bus and left for ISF and after reaching there we changed our clothes we had free time and started practising and playing. The next day it was the same but the timings were a little earlier and we returned back home the next day at 8:30pm.

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Aarav
On March 19th, our U14 boys’ basketball team wrapped up their season with a friendly match against the International School of Augsburg. Despite facing an opponent comprised mostly of 7th and 8th graders, our young players approached the game with determination, showcasing intensity, commitment, and resilience throughout.

While there were moments of parity during the match, the final scoreline, with a 20-point difference, doesn’t fully reflect the spirited performance displayed by our team. It’s worth noting that just a month ago, these same opponents defeated us by a margin of 50 points in a friendly tournament in Munich. This marked improvement demonstrates the significant strides made by our players. Congratulations to Cesar, Jordi, Aarav, Blake, Birk, Sondre, Moritz, Max B., Florian, and Paul for their commendable efforts.

Overall, it has been a remarkable season, and the boys should take pride in their accomplishments. We extend a special thank you to our dedicated coaches, Simeon from BBU and Uwe Sauer, whose unwavering commitment and support ensured our athletes not only progressed but also enjoyed their time on the court.

Go Wolves!

Alexandre Alves
This year the U14 Girls have been practising for 12 weeks before they had their U14 girls final basketball tournament on the 14-16th of March at Saint Georges Düsseldorf. On Thursday the 11 girls participating in the tournament and coaches met at the Neu Ulm Station. We caught a direct train to Düsseldorf, the train ride was long but everyone was full of excitement and enthusiasm for the exciting experience ahead. For some players this was their 2nd basketball final and had some idea of what was to come but for others it was their first time at the final. Upon arrival at the Düsseldorf Hbf it was already 7-8 pm so we decided to pick up a to-go dinner at the station. We then made our way to the A&O hostel. Once we arrived we split into our rooms and got ourselves ready for the night.

On the 15th of March we had a very early start, because we needed to wake up, get our things together, get breakfast and then walk over to the U-Bahn station. Once we got there we all got our new uniforms on and hit the court to start warming up. We had our first game against STG which we have always seen as our greatest competitor. Throughout a very intense and competitive game unfortunately we lost but we took it as a learning experience because what it did show us was we had improved and did give them a run for their money. Our second game was against ISS, we played a very good game with great defensive and offensive playing, this came with a very positive outcome, a win. The last game of the first day was against FIS, once again amazing performance from our team and very impressive results with another win. All of the teams we played and also our team had great sportsmanship and always kept their cool which meant we had some very strong and clean games. ⅔ games were won which is a very good result for the first day and I’m extremely proud of everyone who played.

Once all the games from the first day were passed we started to make our way back to the station, until… We were soaked to the bone by the rain. It was super heavy and everyone was drenched so once we got back to the hotel everyone was hitting the showers and getting changed. Due to the rain we decided to stay in for dinner. We all split into different groups and ordered our food, but as expected everyone was tired so after a quick team talk we headed up to our rooms and were soon sleeping tight.

On the 16th of March once again, we had a very early start, but today was our final day in this tournament. We needed to pack all our things up, eat our breakfast and then head for the tram station. Everyone was tired and had sore muscles, but we all pushed through and got to STG. Once we arrived, we had one of the first games of the day, which was against BERIS.
This was one of the closest games we have had this whole entire season. Everyone played exceptional and I’m super proud of everyone’s effort. Unfortunately we lost by one point, this was one of our more important games because it decided if we would go top 1-4 or top 5-10. The team spirit was pretty down after this loss, but we all tried our best to keep it high and just pushed through to the next game. Our final game was against BIS. For some of the players that were here last year we realise this is how it came down last year too. We were competing for fifth and sixth. BIS has been one of our biggest competitors because we are very close in skill. This game started with them taking a lead, although everyone put in the effort and took it back and we became even and then it was just going up point by point until the final minutes were, they scored one basket, and unfortunately beat us.

Our final standing for the U14 girls 2023-2024 basketball final was sixth place. This may not have been the position we were hoping for, but no matter what everyone should know I personally am super proud of them and so is our coach, and they should be proud of themselves too. This year again I was chosen as the basketball captain (Neve), with my co-captain Laura. I was incredibly grateful for this opportunity and it was a real pleasure to have been involved with this team because we have gone beyond just a sports team. We have some real deep friendships and connections that can’t be broken because of this team. I am extremely grateful to the girls in this team too for everything they have done for the team and for never giving up. I thank anyone who played in this team and even if they couldn’t come to the final anyone who attended practices. We would also like to thank our coach Ms. Snider for all of her tremendous effort in the past two years, not only has she dedicated her own time to this tournament and also to go to practices with us she has been an extremely good coach. She has never given up on us and has always had a good temper towards us. Of course we also want to take Ms. Pei for taking her time to come with us too, and last, but not least, of course, Mr Alex, for making all of these tournaments happen.

Written by Neve on behalf of the U14 girls basketball team,
Let’s go wolves!
On March 19th, our varsity boys basketball team went to the International School of Augsburg for a friendly match.

The game overall was fun and intense at the same time. Although we lost after a fierce game, the team’s motivation and efforts never dropped. And the fact that the game was close the whole time, gave the team more motivation to try some new things. Some honourable mentions are when Florian Straub did a 360 dunk against Michael Jordan, and when Reza dribbled through all the players in the opposing team in under 5 seconds (I’m joking). And lastly the International School of Augsburg was respectful.

I would like to also say thank you to Mr. Foege for coaching and leading us throughout our season. Your efforts were appreciated by everybody in our team.

Richmon
Skill Week-End

“One thing that I learnt this weekend was about properly estimating the distance on a map and putting it into a life size scale. I think it was interesting to see how we may have overestimated or underestimated the actual distance between two points which I think is a very useful skill for people to have and also just keeping track of how you've walked without a phone or device.”

“We learnt how to properly assemble a tent as well as coordinate an adequate path between numerous destinations.”

“Something I learned on this trip was if you get lost, don’t panic and immediately assume the worst. Try and take care of it yourself by finding a solution. What I found fun was using the trangia as it’s a different way of cooking and you can do so much with only a couple of pans.”

“The skills weekend was a fun way of seeing what we will be expecting in the real expedition - we planned routes, put up tents and cooked. We also went on a hike which made us think about what pace is best suited for all of us and how to make sure you don’t get lost.”

“Over the weekend I learned a lot about how to work together, and orient ourselves with the map. Quite often we felt like we were in the wrong place, but by working together we figured it out. I also really enjoyed having fun with my friends during our free time.”

“What I liked most was probably spending time with friends during the hike on Sunday and in the evening after we were done on Saturday. Something new I learned was to realise that maps can be outdated and since the creation of the map some old landmarks might be gone and new ones might be there.”

“During this trip I learned about team building skills and how to put tents up. I enjoyed getting done with the activities and having free time on the first day, as well as the hike.”
In the first week of March, five students from Agrupamento de Escolas de São Martinho do Porto (Leiria, Portugal) were part of the 11th grade class of ISU, attending all the classes and activities of the group.

This mobility was carried out within the scope of the Erasmus Project of the Portuguese school, under the motto: “Broadening horizons across borders”. One of the project goals is to promote students' proficiency in English, through an international experience, in a different school reality, within the same age group.

The ISU school came up unexpectedly and turned out to be an excellent host. The students were warmly welcomed and integrated into the class, both by their peers and by the teachers, who kindly included them in the activities and even personalized some lessons.

The multicultural environment and the excellent organization of the school, were inspiring for students and for the two accompanying teachers. Ulm and Neu-Ulm are very friendly cities, with interesting cultural and tourist proposals, some of which the group got to discover after classes. These are the testimonies of all the participants in this mobility:

“I really enjoyed this experience, as it was a great help for my proficiency in English. Thank you for making us feel so welcome and see you one day!”
- Matilde P.

“I really liked how the school works; it is very organised and the teachers are great, also it is surprising how the school provides the students with various fun and amazing activities throughout the year. During the five days that I was in the ISU I had a great experience.”
- André B.

“At first I was a little afraid of this experience, I didn’t know what it would be like and I was worried that the students wouldn’t like us. However, when we arrived at the school we were very well welcomed, everyone was super friendly and showed interest in getting to know us, and it made me really happy to see that they wanted to spend time with us even after school.”
It was cool to see how teaching is like and how everyone is super punctual there (unlike in Portugal). And it was also very interesting to discover another city, so different from what we were used to seeing, where the sun sets at 6pm and there are people in t-shirts with -1ºC outside.

This experience was without a doubt really fun, and it allowed me to make a lot of new friends who I know I will keep in touch with.”
- Vitória C.

“What I liked the most about ISU was how interactive the school was with its students.
All of the artwork, phases, jokes, maps and murals on the walls made the school looks like a giant fridge door, where everyone can feel safe, connected and be heard.”
- Maria Leonor S.

“In my opinion, this experience was very enriching, because we got to see how an international school works, and we could experience how another educational system works. The students in our class were very kind and approachable, and I think this is an experience that all of us will remember for life.”
- Pedro T.

“We thank the entire ISU School, in the person of Mr. Lee Rawlinson, and special thanks to the 11th class group and their teachers, for the friendly welcome and for accompanying our group both in and out of school. We hope, one day, to be able to give back this fantastic experience.”
- Ana N. e Margarida V.
Congratulations to the Grade 12 students for orchestrating a remarkable CAS expo-sition! Over the past 18 months, witnessing the depth of learning that has transpired has been truly inspiring. We extend our heartfelt appreciation for curating such captivating and interactive experiences for our school community to take part in.

This event stands as a celebration of their passion, dedication, and commitment not only to our school community but also to the broader world around us. Through their experiences, they have demonstrated their capacity to effect change and leave a positive imprint. Along this journey, they have discovered new passions and developed new life skills.

A big thank you to students, teachers and parents who visited the expo. Your presence meant a lot to us and contributed to the positive atmosphere of the event.